

Figure 1: Distribution of student respondents to wellness survey.

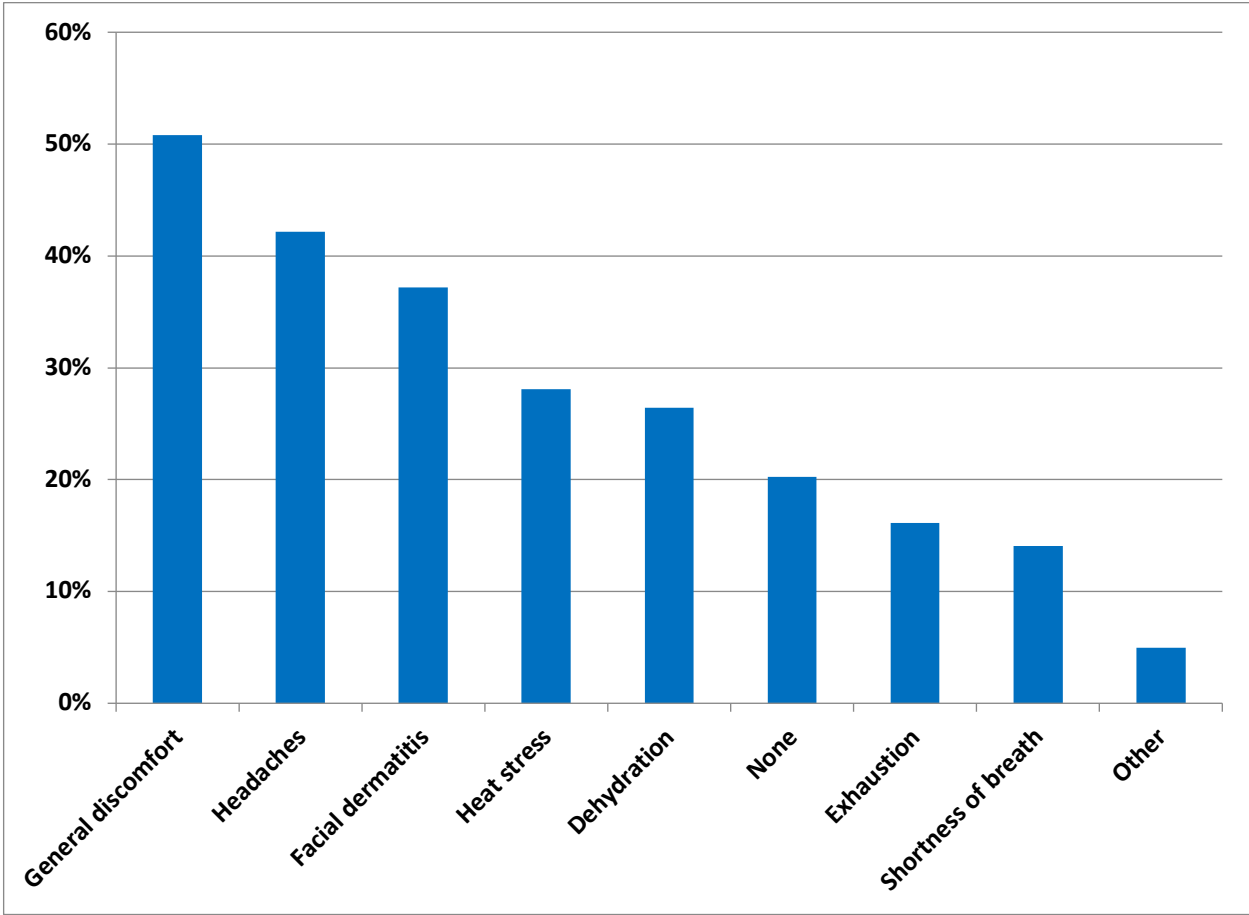


Figure 2: Reported physical reactions due to use of enhanced PPE.

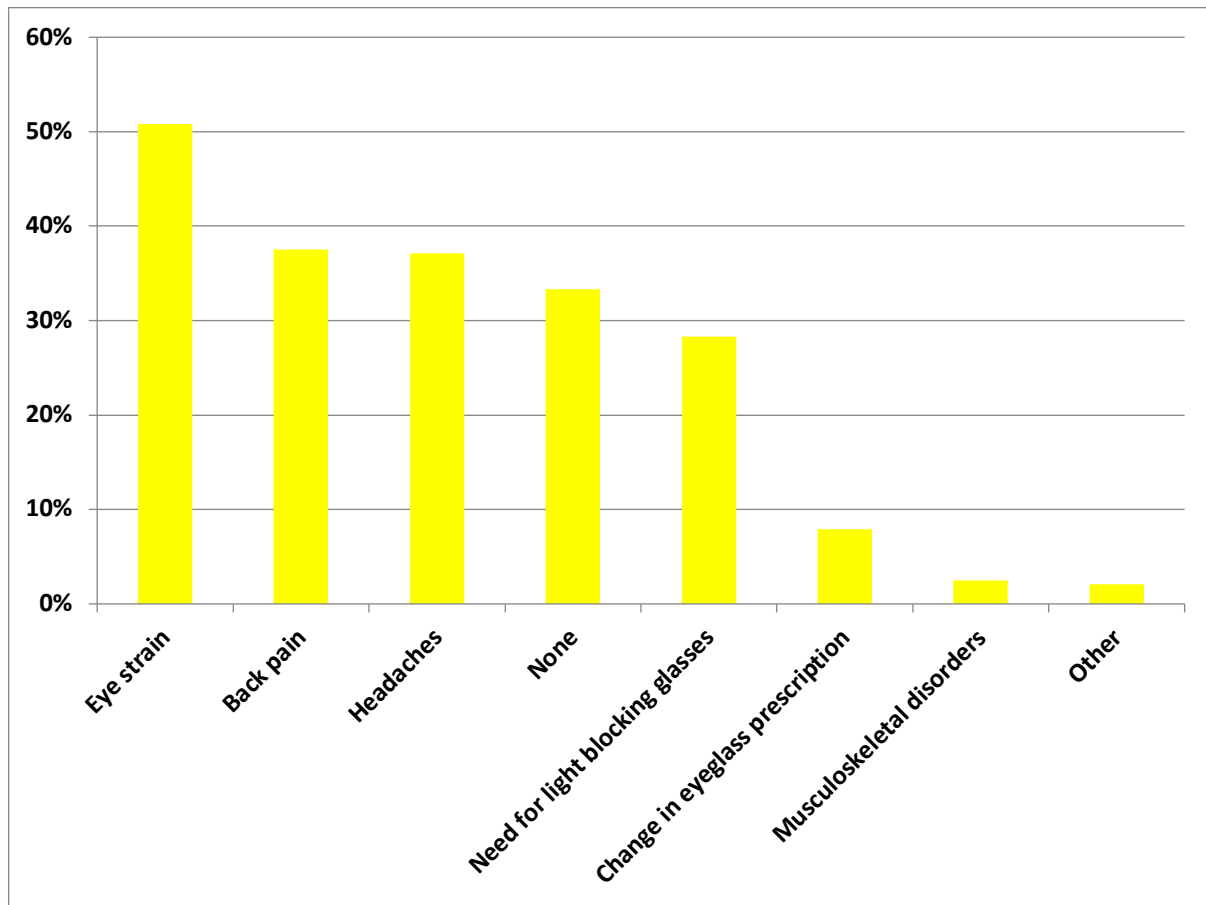


Figure 3: Reported adverse experiences due to enhanced screen time.

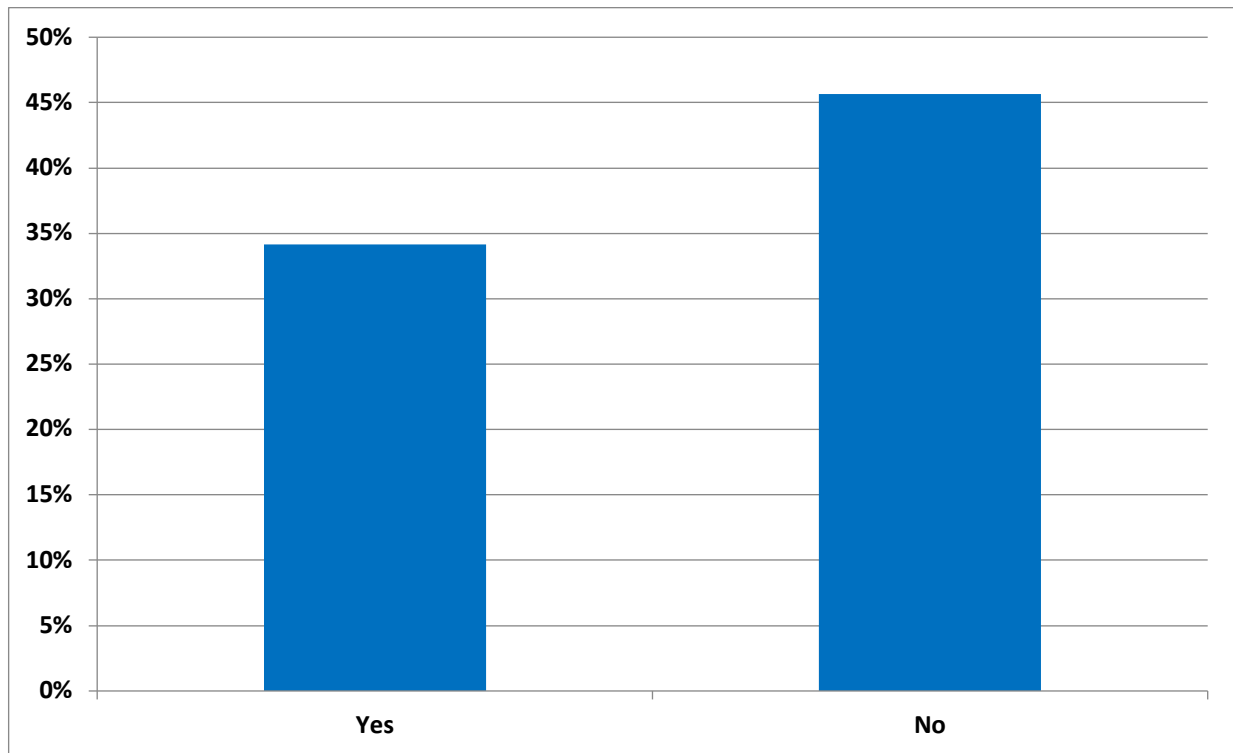


Figure 4: Students reporting that COVID-19 has impacted their mental health.

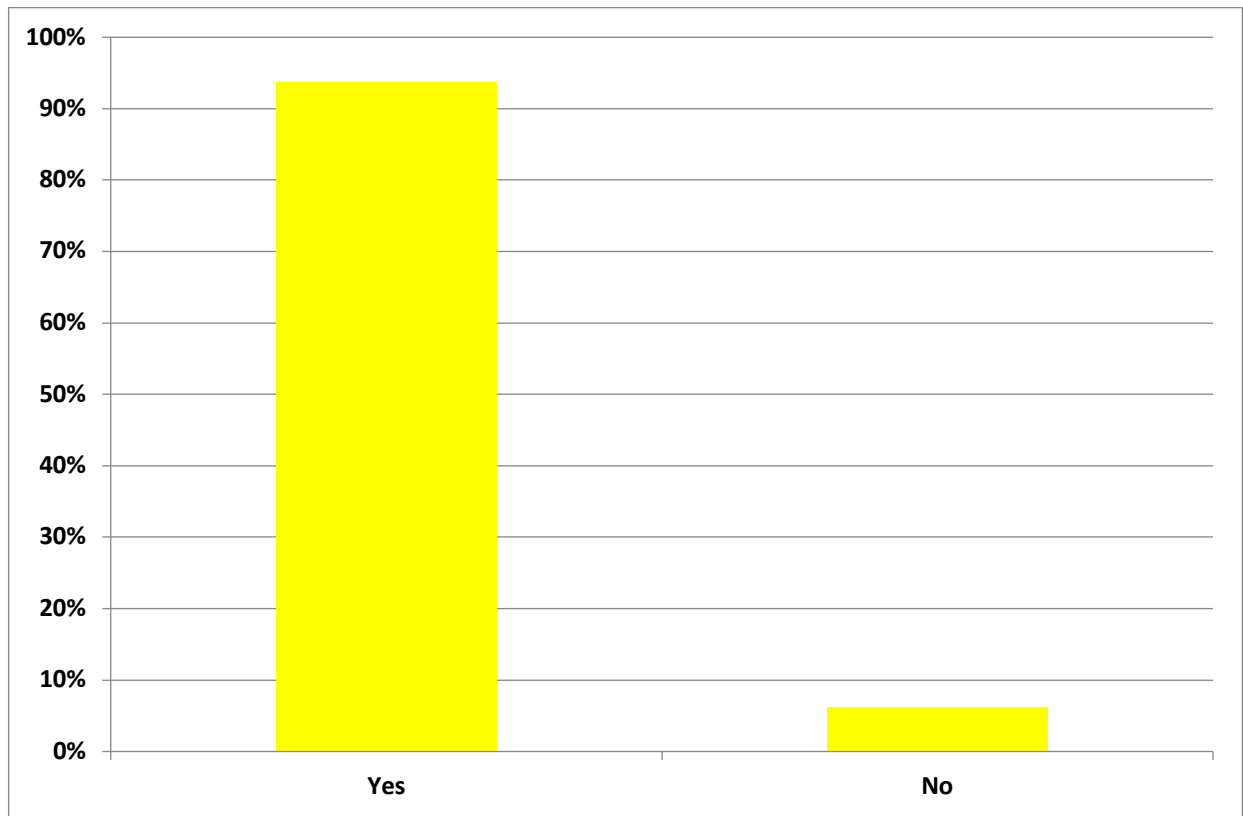


Figure 5: Students reporting if they were able to meet and/or communicate with their advisor, team leader, and/or instructor as needed.

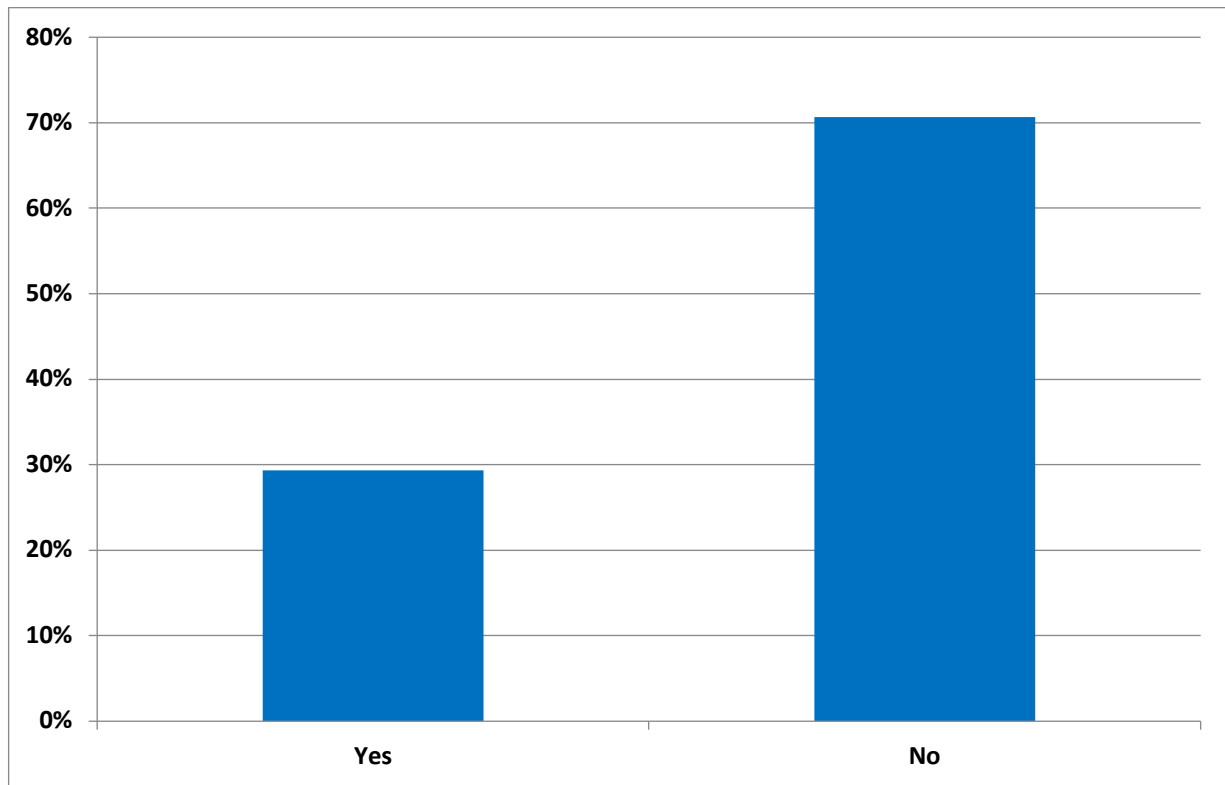


Figure 6: Students reporting that they communicated with their advisor, team leader, and/or instructor concerning any wellbeing related issues.

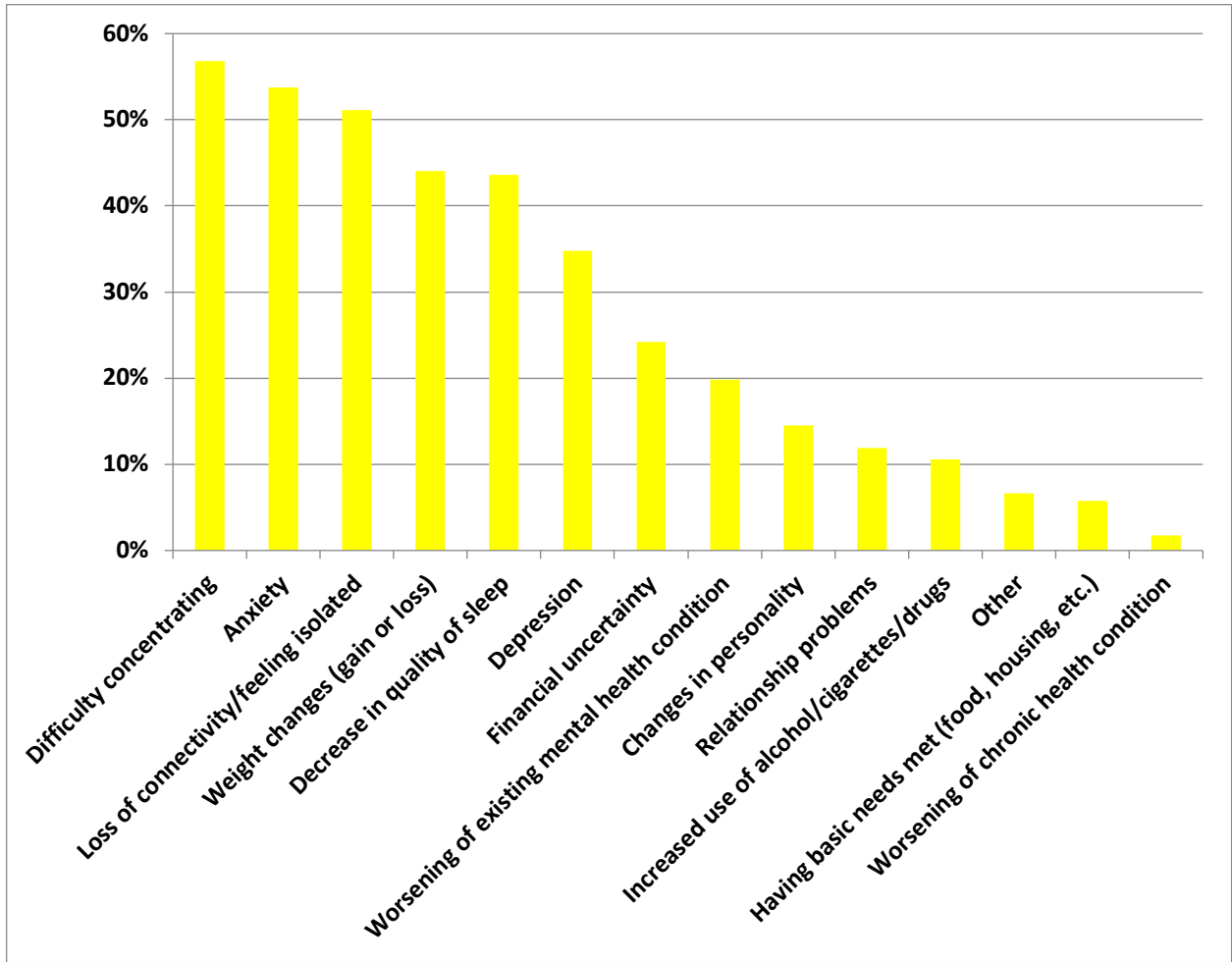


Figure 7: Adverse conditions reported by students during the COVID-19 pandemic.

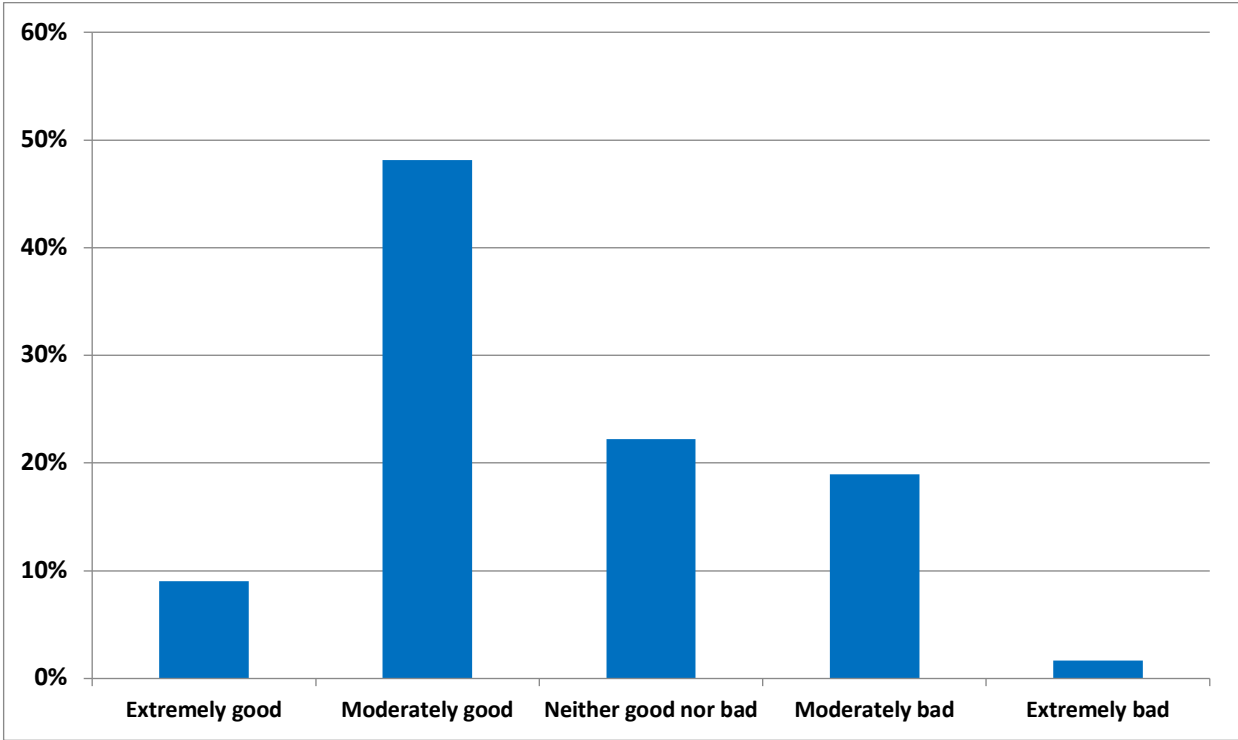


Figure 8: Overall assessment of wellbeing since August 2020.



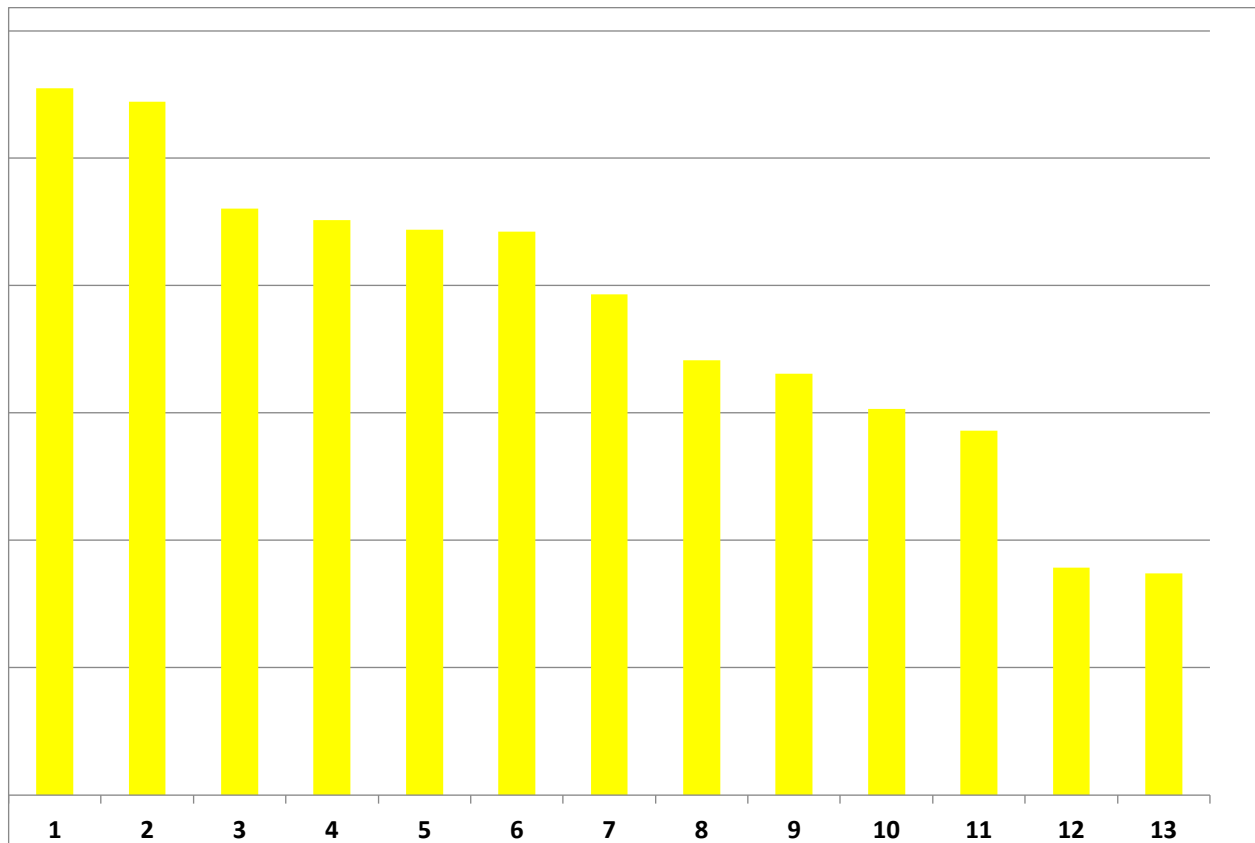


Figure 9: Issues/challenges reported by students due to the COVID-19 pandemic

Legend:

1. Concern for the health of myself and/or my family
2. Balancing work or school with personal/familial obligations
3. Managing additional work/school responsibilities related to COVID-19
4. Interruption of work/school due to COVID-19
5. Financial concerns
6. Staying connected to your family, friends, or faith-based organization
7. Technology challenges
8. Difficulty setting work time boundaries due to 24/7 workday
9. Travel restrictions
10. Job security
11. Loss of a loved one due to COVID-19
12. Limited access to mental health services
13. Preparing and supporting K-12 age child in a virtual/hybrid environment

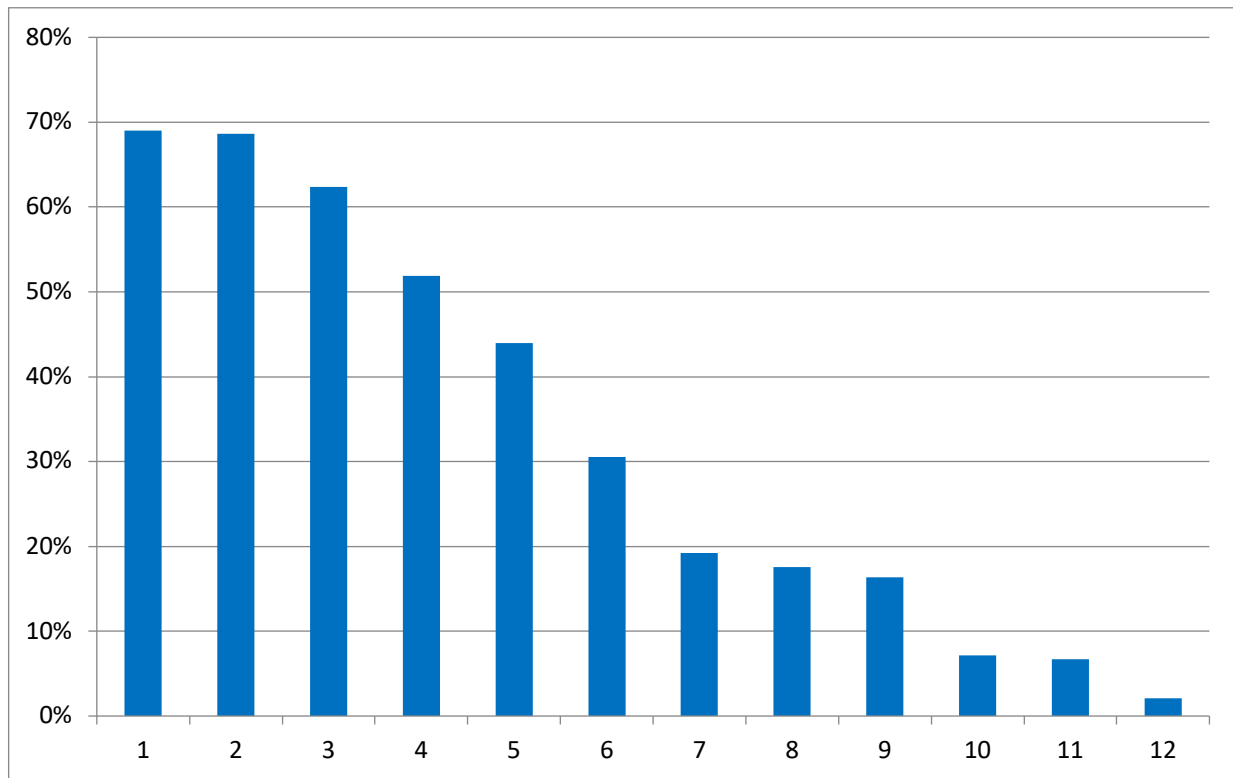


Figure 10: Student reported coping strategies that they used to support mental wellness during COVID-19.

Legend:

1. Familial support
2. In-person interaction with friends
3. Exercise
4. Spending time with pets
5. Virtual interaction with friends
6. Interaction with SOD community
7. Increased privacy
8. Increased financial support from your institution/government/etc.
9. Meditation
10. Virtual mental health services
11. Involvement with campus student groups
12. Other